



***7 D's  
to Pray  
for Your  
Heart***

## Psalm 119:33-40

<sup>33</sup> Teach me, O LORD, the way of your statutes;  
and I will keep it to the end.

<sup>34</sup> Give me understanding, that I may keep your law  
and observe it with my whole heart.

<sup>35</sup> Lead me in the path of your commandments,  
for I delight in it.

<sup>36</sup> Incline my heart to your testimonies,  
and not to selfish gain!

## Psalm 119:33-40

<sup>37</sup> Turn my eyes from looking at worthless things;  
and give me life in your ways.

<sup>38</sup> Confirm to your servant your promise,  
that you may be feared.

<sup>39</sup> Turn away the reproach that I dread,  
for your rules are good.

<sup>40</sup> Behold, I long for your precepts;  
in your righteousness give me life!





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***DELIGHT***



# ***DELIGHT***

## **Psalm 37:1-6**

<sup>1</sup> Fret not yourself because of evildoers;  
be not envious of wrongdoers!

<sup>2</sup> For they will soon fade like the grass  
and wither like the green herb.

<sup>3</sup> Trust in the LORD, and do good;  
dwell in the land and befriend faithfulness.



# ***DELIGHT***

## **Psalm 37:1-6**

<sup>4</sup> Delight yourself in the LORD,  
and he will give you the desires of your heart.

<sup>5</sup> Commit your way to the LORD;  
trust in him, and he will act.

<sup>6</sup> He will bring forth your righteousness as the light,  
and your justice as the noonday.



# **DELIGHT**

## **Matthew 6:19-21**

<sup>19</sup> “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, <sup>20</sup> but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. <sup>21</sup> For where your treasure is, there your heart will be also.”





# ***DESIRES***



# ***DESIRES***

## **Matthew 6:9-10**

<sup>9</sup> “Pray then like this:

‘Our Father in heaven,  
hallowed be your name.

<sup>10</sup> Your kingdom come,  
your will be done,  
on earth as it is in heaven.”



# ***DEPENDENCE***



# **DEPENDENCE**

## **John 15:1-5**

<sup>1</sup> “I am the true vine, and my Father is the vinedresser.

<sup>2</sup> Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit. <sup>3</sup> Already you are clean because of the word that I have spoken to you.

# **DEPENDENCE**

## **John 15:1-5**

<sup>4</sup> “Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. <sup>5</sup> I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.”



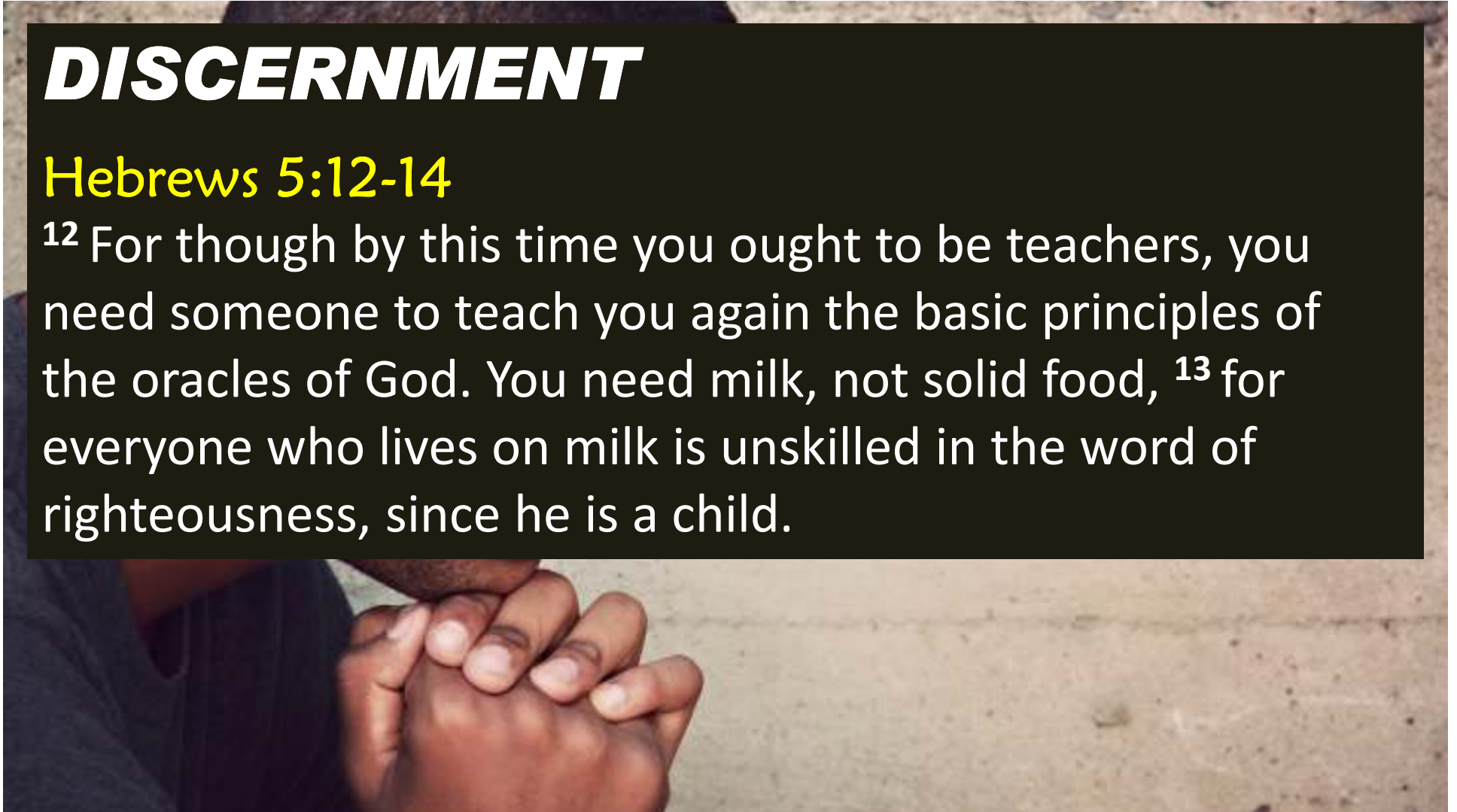
# ***DISCERNMENT***



# ***DISCERNMENT***

## **Hebrews 5:12-14**

<sup>12</sup> For though by this time you ought to be teachers, you need someone to teach you again the basic principles of the oracles of God. You need milk, not solid food, <sup>13</sup> for everyone who lives on milk is unskilled in the word of righteousness, since he is a child.



# ***DISCERNMENT***

## **Hebrews 5:12-14**

<sup>14</sup> But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.





***DESPERATION***



# **DESPERATION**

## **Psalm 73**

<sup>1</sup> Truly God is good to Israel,

to those who are pure in heart.

<sup>2</sup> But as for me, my feet had almost stumbled,  
my steps had nearly slipped.

<sup>3</sup> For I was envious of the arrogant  
when I saw the prosperity of the wicked.



# ***DESPERATION***

## **Psalm 73**

<sup>4</sup> For they have no pangs until death;  
their bodies are fat and sleek.

<sup>5</sup> They are not in trouble as others are;  
they are not stricken like the rest of mankind.

<sup>6</sup> Therefore pride is their necklace;  
violence covers them as a garment.



# **DESPERATION**

## **Psalm 73**

<sup>7</sup> Their eyes swell out through fatness;  
their hearts overflow with follies.

<sup>8</sup> They scoff and speak with malice;  
loftily they threaten oppression.

<sup>9</sup> They set their mouths against the heavens,  
and their tongue struts through the earth.



# **DESPERATION**

## **Psalm 73**

<sup>10</sup> Therefore his people turn back to them,  
and find no fault in them.

<sup>11</sup> And they say, “How can God know?  
Is there knowledge in the Most High?”

<sup>12</sup> Behold, these are the wicked;  
always at ease, they increase in riches.



# **DESPERATION**

## **Psalm 73**

<sup>13</sup> All in vain have I kept my heart clean  
and washed my hands in innocence.

<sup>14</sup> For all the day long I have been stricken  
and rebuked every morning.

<sup>15</sup> If I had said, "I will speak thus,"  
I would have betrayed the generation of your children.



# **DESPERATION**

## **Psalm 73**

<sup>16</sup> But when I thought how to understand this,  
it seemed to me a wearisome task,

<sup>17</sup> until I went into the sanctuary of God;  
then I discerned their end.

<sup>18</sup> Truly you set them in slippery places;  
you make them fall to ruin.



# ***DESPERATION***

## **Psalm 73**

<sup>19</sup> How they are destroyed in a moment,  
swept away utterly by terrors!

<sup>20</sup> Like a dream when one awakes,  
O Lord, when you rouse yourself,  
you despise them as phantoms.





# ***DESPERATION***

## **Psalm 73**

<sup>21</sup> When my soul was embittered,  
when I was pricked in heart,

<sup>22</sup> I was brutish and ignorant;  
I was like a beast toward you.

<sup>23</sup> Nevertheless, I am continually with you;  
you hold my right hand.



# **DESPERATION**

## **Psalm 73**

<sup>24</sup> You guide me with your counsel,  
and afterward you will receive me to glory.

<sup>25</sup> Whom have I in heaven but you?

And there is nothing on earth that I desire besides you.

<sup>26</sup> My flesh and my heart may fail,  
but God is the strength of my heart  
and my portion forever.

# **DESPERATION**

## **Psalm 73**

<sup>27</sup> For behold, those who are far from you shall perish;  
you put an end to everyone who is unfaithful to you.

<sup>28</sup> But for me it is good to be near God;  
I have made the Lord GOD my refuge,  
that I may tell of all your works.



***DISCIPLINE***



# **DISCIPLINE**

## **Hebrews 12:5-11**

<sup>5</sup> And have you forgotten the exhortation that addresses you as sons?

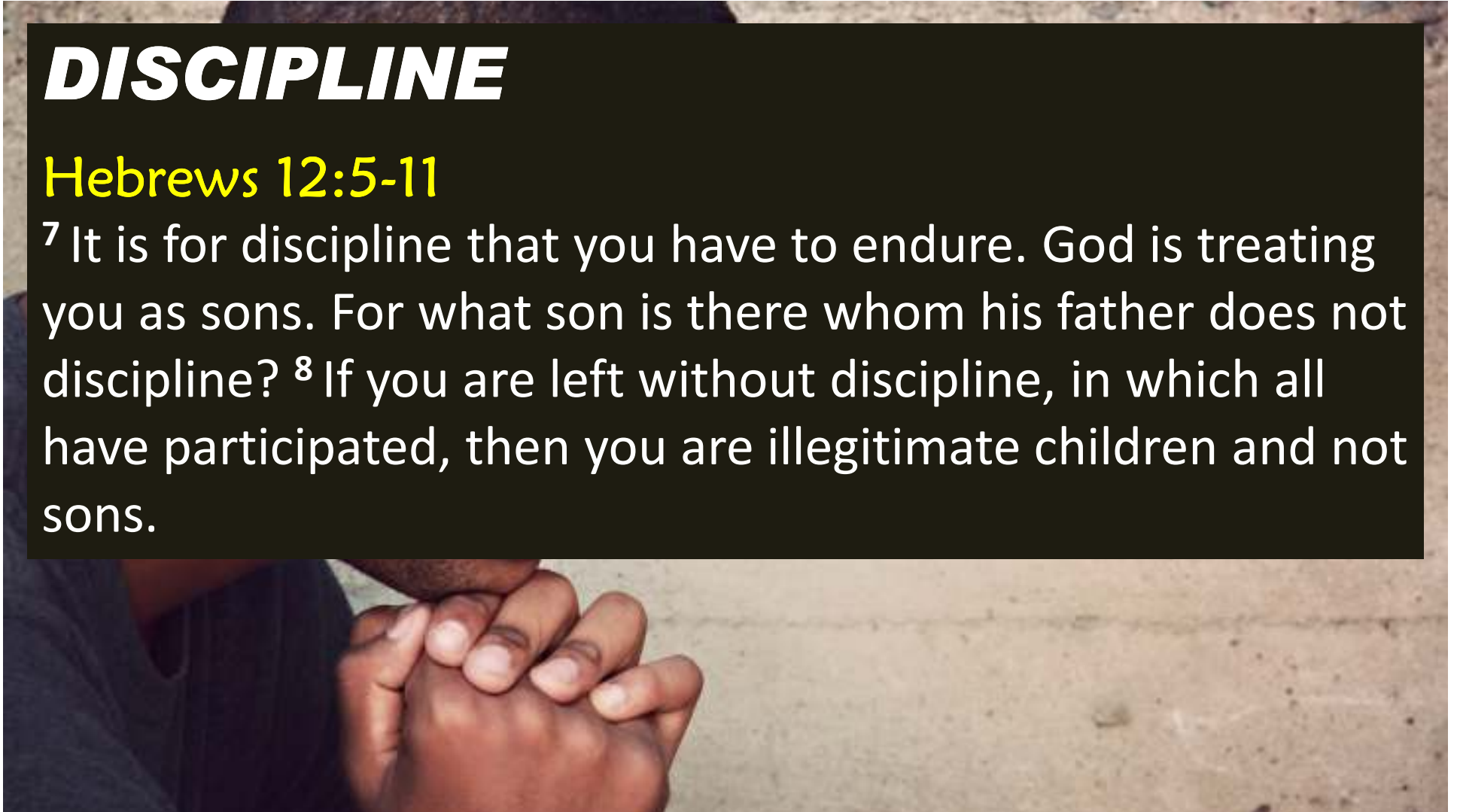
“My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. <sup>6</sup> For the Lord disciplines the one he loves, and chastises every son whom he receives.”



# ***DISCIPLINE***

## **Hebrews 12:5-11**

<sup>7</sup> It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline? <sup>8</sup> If you are left without discipline, in which all have participated, then you are illegitimate children and not sons.



# ***DISCIPLINE***

## **Hebrews 12:5-11**

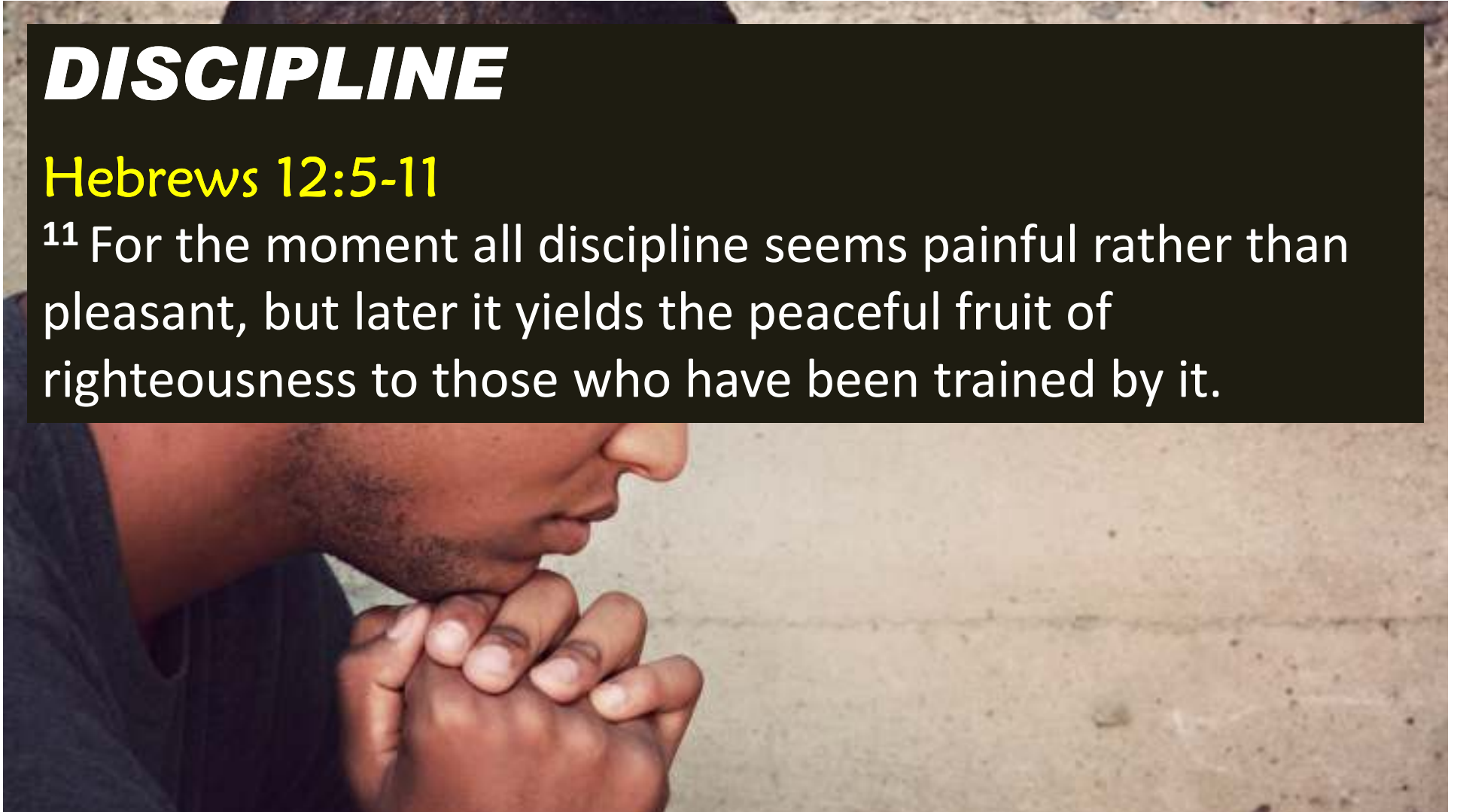
<sup>9</sup> Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? <sup>10</sup> For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness.



# ***DISCIPLINE***

## **Hebrews 12:5-11**

<sup>11</sup> For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.





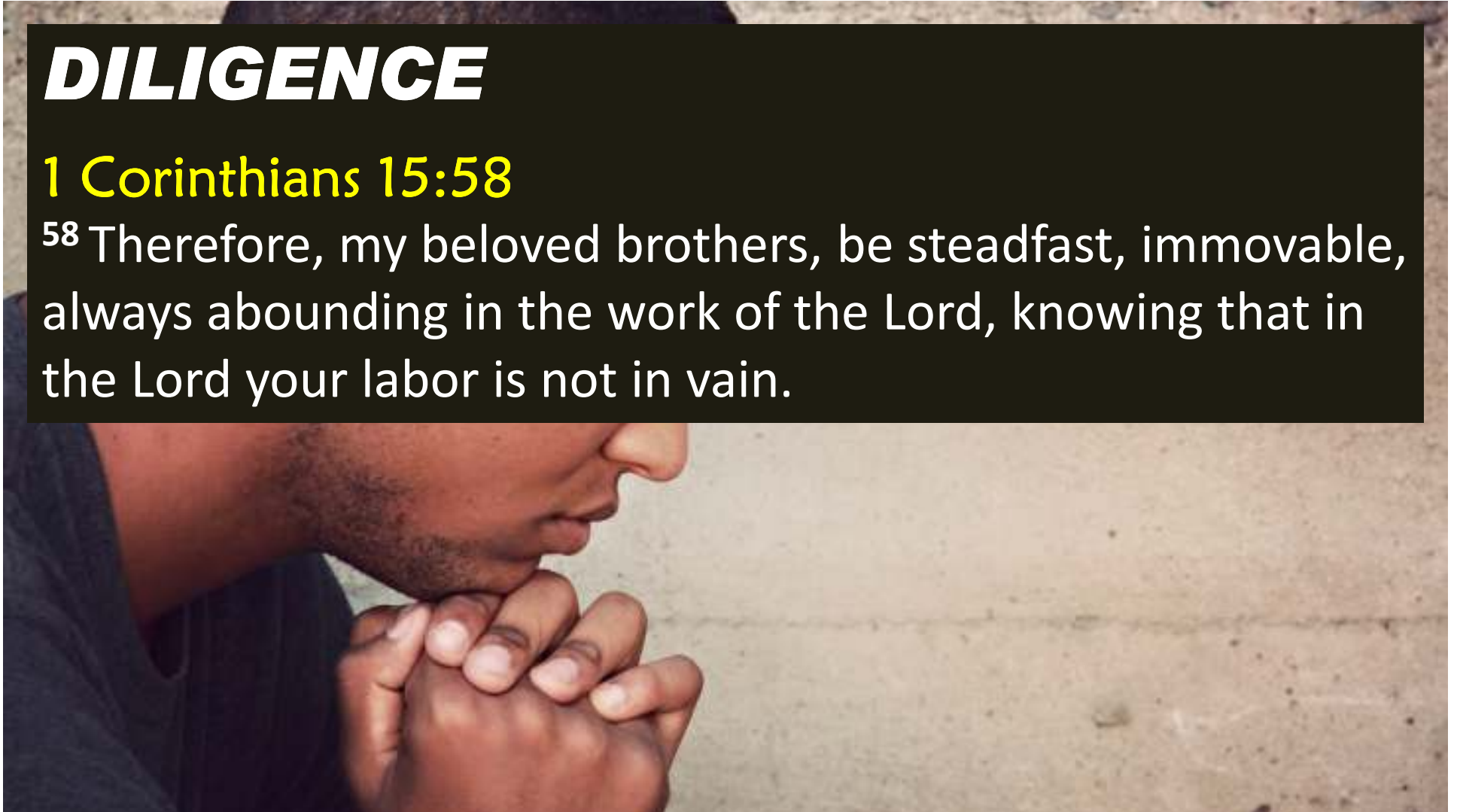
***DILIGENCE***



# ***DILIGENCE***

## **1 Corinthians 15:58**

<sup>58</sup> Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain.





***7 D's  
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<b>Sunday</b>	Delight
<b>Monday</b>	Desires
<b>Tuesday</b>	Dependence
<b>Wednesday</b>	Discernment
<b>Thursday</b>	Desperation
<b>Friday</b>	Discipline
<b>Saturday</b>	Diligence