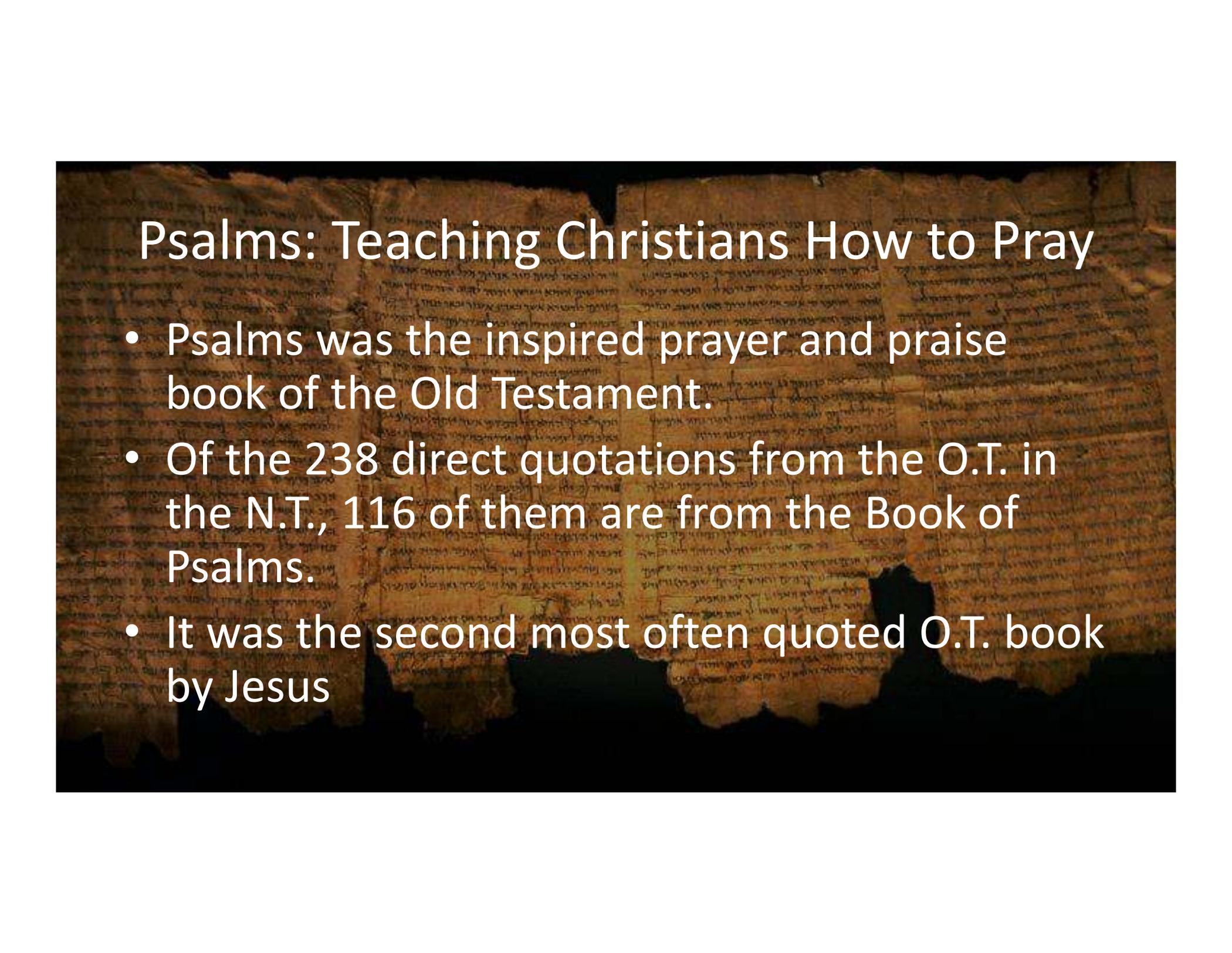
The image shows a close-up of an ancient, weathered scroll, possibly made of papyrus or parchment. The scroll is dark brown and shows significant signs of age and damage, with many tears and missing sections. The text is written in a cursive script, likely Hebrew, and is arranged in horizontal lines across the length of the scroll. The lighting is dramatic, highlighting the texture and the edges of the scroll against a dark background.

Psalms:
Teaching Christians How to Pray

The background of the slide is a photograph of an ancient scroll, likely made of papyrus or parchment. The scroll is unrolled and shows several columns of text written in a cursive script, which appears to be Hebrew. The paper is aged, with a yellowish-brown hue and some darker spots and tears, particularly at the bottom edge. The lighting is somewhat uneven, highlighting the texture of the material.

Psalms: Teaching Christians How to Pray

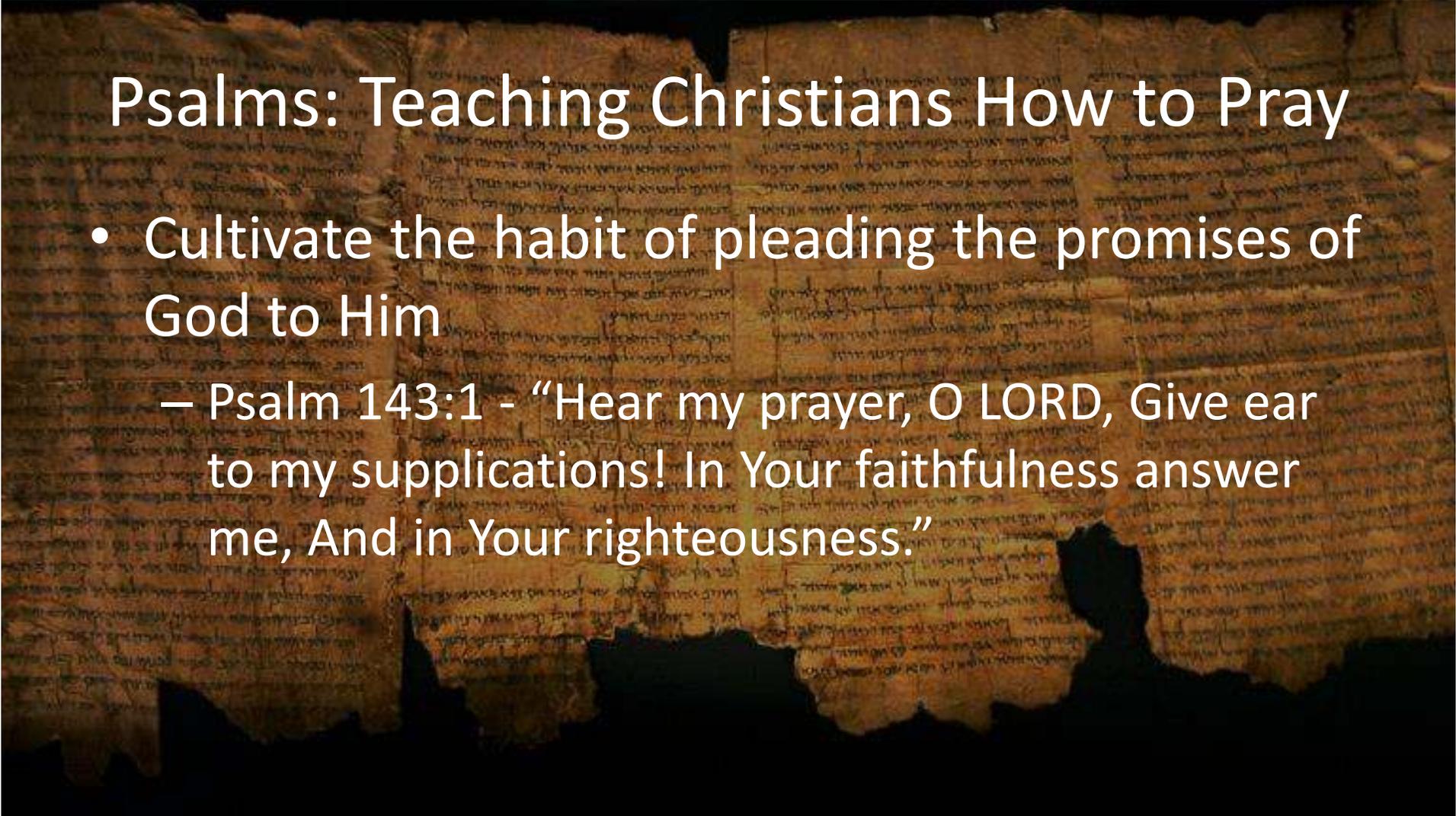
- Psalms was the inspired prayer and praise book of the Old Testament.
- Of the 238 direct quotations from the O.T. in the N.T., 116 of them are from the Book of Psalms.
- It was the second most often quoted O.T. book by Jesus

Psalms: Teaching Christians How to Pray

- It is a versatile book dealing with every emotion in the human spectrum.
- The Psalms are models of devotion, sources of doctrine, songs of comfort and hope, and prayers of righteous men
- The Psalms are men speaking to God about the things that God had already spoken to man. Prayer is pleading the promises of God.
- They show us how to effectively and acceptably pray to and praise God.
- They also can be used effectively to teach and minister to others.

Psalms: Teaching Christians How to Pray

- It is important that we learn to “speak God’s language” as we communicate with Him. We can do this by saturating our minds with scripture
 - Col. 3:16-17 - “Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord. 17 And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.”



Psalms: Teaching Christians How to Pray

- Cultivate the habit of pleading the promises of God to Him
 - Psalm 143:1 - “Hear my prayer, O LORD, Give ear to my supplications! In Your faithfulness answer me, And in Your righteousness.”

Psalms: Teaching Christians How to Pray

- Use all Bible prayers as models of your own, not just the Psalms
 - Col. 1:9-12 - “For this reason we also, since the day we heard it, do not cease to pray for you, and to ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding; 10 that you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; 11 strengthened with all might, according to His glorious power, for all patience and longsuffering with joy; 12 giving thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the light.”

The Bible Use Of Psalms In Prayer

- The example of Jesus

- Matt. 27:46 - “And about the ninth hour Jesus cried out with a loud voice, saying, Eli, Eli, lama sabachthani? that is, My God, My God, why have You forsaken Me?”
- Psalm 22:1 - “<<To the Chief Musician. Set to ‘The Deer of the Dawn.’ A Psalm of David.>> My God, My God, why have You forsaken Me? Why are You so far from helping Me, And from the words of My groaning?”
- לְמַנְצֶחַ עַל-אֵילַת דְּבָרֵי שְׁאָגוֹתַי - ëliy ëliy lämäh ázav'Täniy

The Bible Use Of Psalms In Prayer

- Luke 23:46 - “And when Jesus had cried out with a loud voice, He said, Father, 'into Your hands I commit My spirit.' Having said this, He breathed His last.”
- Psalm 31:5 - “Into Your hand I commit my spirit; You have redeemed me, O LORD God of truth.”

The Bible Use Of Psalms In Prayer

- The prayer of the apostles
 - Acts 4:24-26 - “So when they heard that, they raised their voice to God with one accord and said: Lord, You are God, who made heaven and earth and the sea, and all that is in them, 25 who by the mouth of Your servant David have said: ‘Why did the nations rage, And the people plot vain things? 26 The kings of the earth took their stand, And the rulers were gathered together Against the LORD and against His Christ.’”
 - Psalm 146:6 - “Who made heaven and earth, The sea, and all that is in them...”
 - Psalm 2:1-2 - “Why do the nations rage, And the people plot a vain thing? 2 The kings of the earth set themselves, And the rulers take counsel together, Against the LORD and against His Anointed”

Using The Psalms In Prayer Today

- Godly prayer as taught by Jesus
 - Matt. 6:9-13 - “In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name. 10 Your kingdom come. Your will be done On earth as it is in heaven. 11 Give us this day our daily bread. 12 And forgive us our debts, As we forgive our debtors. 13 And do not lead us into temptation, But deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.”

Using The Psalms In Prayer Today

- Addressing the Father - vs 9
- Praying for God's purposes - vs 10
- Praying for our material needs - vs 11
- Praying for our spiritual needs - vss 12-13
- Concluding praise - vs 13

Using The Psalms In Prayer Today

- The Psalms use these forms; God was inspiring Psalmists to teach Israel and us how to pray
 - Rom. 15:4 - “For whatever things were written before were written for our learning, that we through the patience and comfort of the Scriptures might have hope.”

Using The Psalms In Prayer Today

- Addressing the Father
 - Psalm 8:1 - “O LORD, our Lord, How excellent is Your name in all the earth, Who have set Your glory above the heavens!”
 - Psalm 90:1-2 - “Lord, You have been our dwelling place in all generations. 2 Before the mountains were brought forth, Or ever You had formed the earth and the world, Even from everlasting to everlasting, You are God.”

Using The Psalms In Prayer Today

- Praying for God's purposes
 - Psalm 57:11 - “Be exalted, O God, above the heavens; Let Your glory be above all the earth.”
 - Psalm 72:18-19 - “Blessed be the LORD God, the God of Israel, Who only does wondrous things! 19 And blessed be His glorious name forever! And let the whole earth be filled with His glory. Amen and Amen”

Using The Psalms In Prayer Today

- Petitioning for material needs
 - Psalm 144:12-15 - “That our sons may be as plants grown up in their youth; That our daughters may be as pillars, Sculptured in palace style; 13 That our barns may be full, Supplying all kinds of produce; That our sheep may bring forth thousands And ten thousands in our fields; 14 That our oxen may be well-laden; That there be no breaking in or going out; That there be no outcry in our streets. 15 Happy are the people who are in such a state; Happy are the people whose God is the LORD!”

Using The Psalms In Prayer Today

- Appealing for spiritual needs
 - Psalm 51:1-2 - “Have mercy upon me, O God, According to Your lovingkindness; According to the multitude of Your tender mercies, Blot out my transgressions. 2 Wash me thoroughly from my iniquity, And cleanse me from my sin.”

Using The Psalms In Prayer Today

- Appealing for spiritual needs
 - Psalm 71:1-3 - “In You, O LORD, I put my trust; Let me never be put to shame. 2 Deliver me in Your righteousness, and cause me to escape; Incline Your ear to me, and save me. 3 Be my strong refuge, To which I may resort continually; You have given the commandment to save me, For You are my rock and my fortress.”

Using The Psalms In Prayer Today

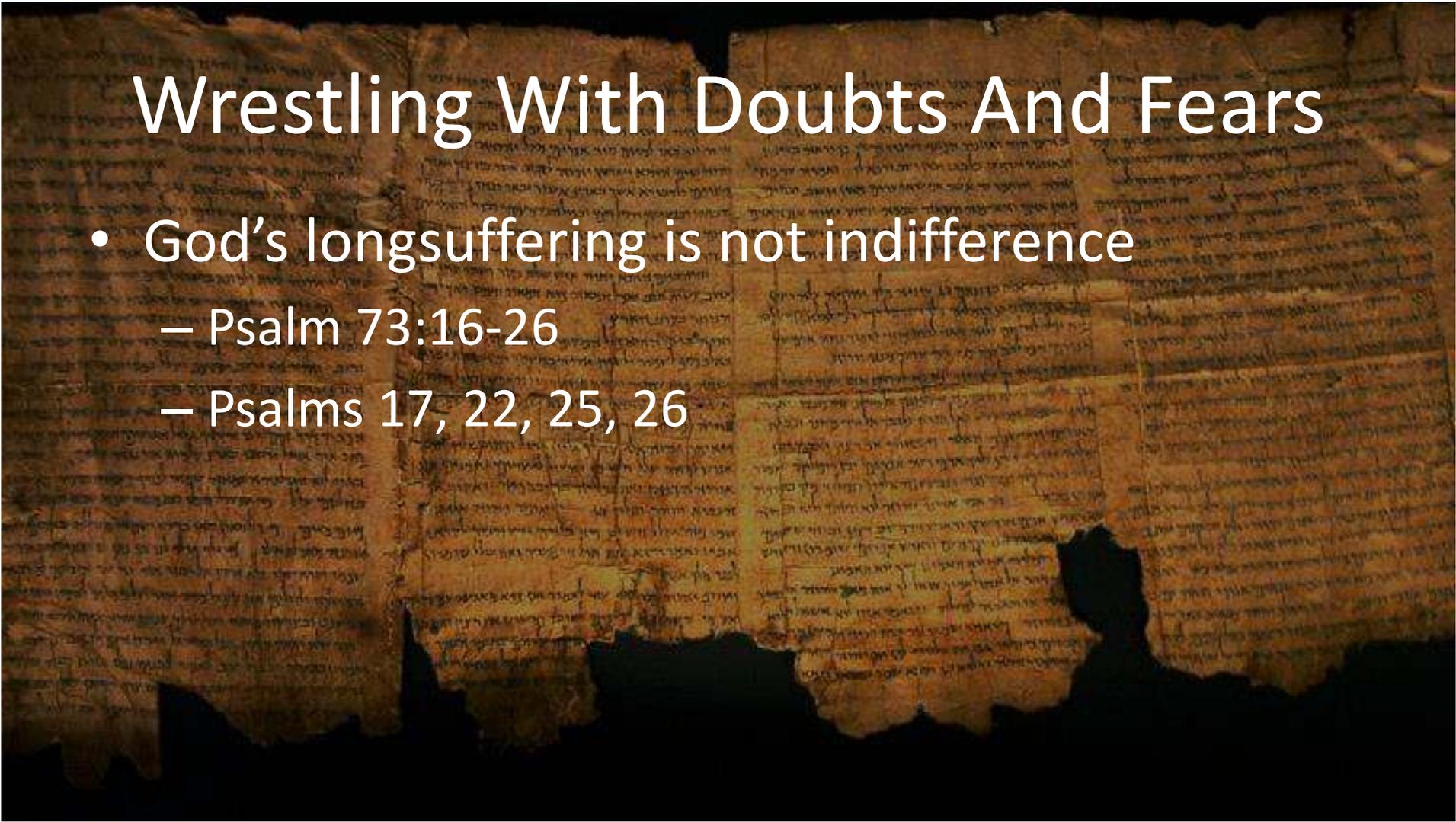
- Offering praise
 - Psalm 36:5-9 - “Your mercy, O LORD, is in the heavens; Your faithfulness reaches to the clouds. 6 Your righteousness is like the great mountains; Your judgments are a great deep; O LORD, You preserve man and beast. 7 How precious is Your lovingkindness, O God! Therefore the children of men put their trust under the shadow of Your wings. 8 They are abundantly satisfied with the fullness of Your house, And You give them drink from the river of Your pleasures. 9 For with You is the fountain of life; In Your light we see light.”

Using The Psalms In Prayer Today

- The Psalms use these forms to:
 - Edify us about the Father
 - Enable and enhance our prayers to Him
 - Comfort us with the knowledge that we have expressed our needs in the best and most Biblical manner possible, assured that if we prayed from faith, our Father has heard our heart's outcry

Wrestling With Doubts And Fears

- It is acceptable to express doubts and fears to God.
- How can it be possible in a world over which a wise and just God rules, that the wicked should prosper and the righteous suffer?
- The wicked only prosper short-term; the righteous will prosper eternally
 - Psalm 37:1-6
 - Psalms 3, 4, 5, 6, 7, 11, 12, 13, 14



Wrestling With Doubts And Fears

- God's longsuffering is not indifference
 - Psalm 73:16-26
 - Psalms 17, 22, 25, 26

Wrestling With Doubts And Fears

- The fleeting pleasures of proud scoffers pale into insignificance before the glory of everlasting fellowship with God
 - Psalm 139:19-24
 - Psalms 1, 2, 9, 20, 23

Climbing Out Of The Depths Of Despair

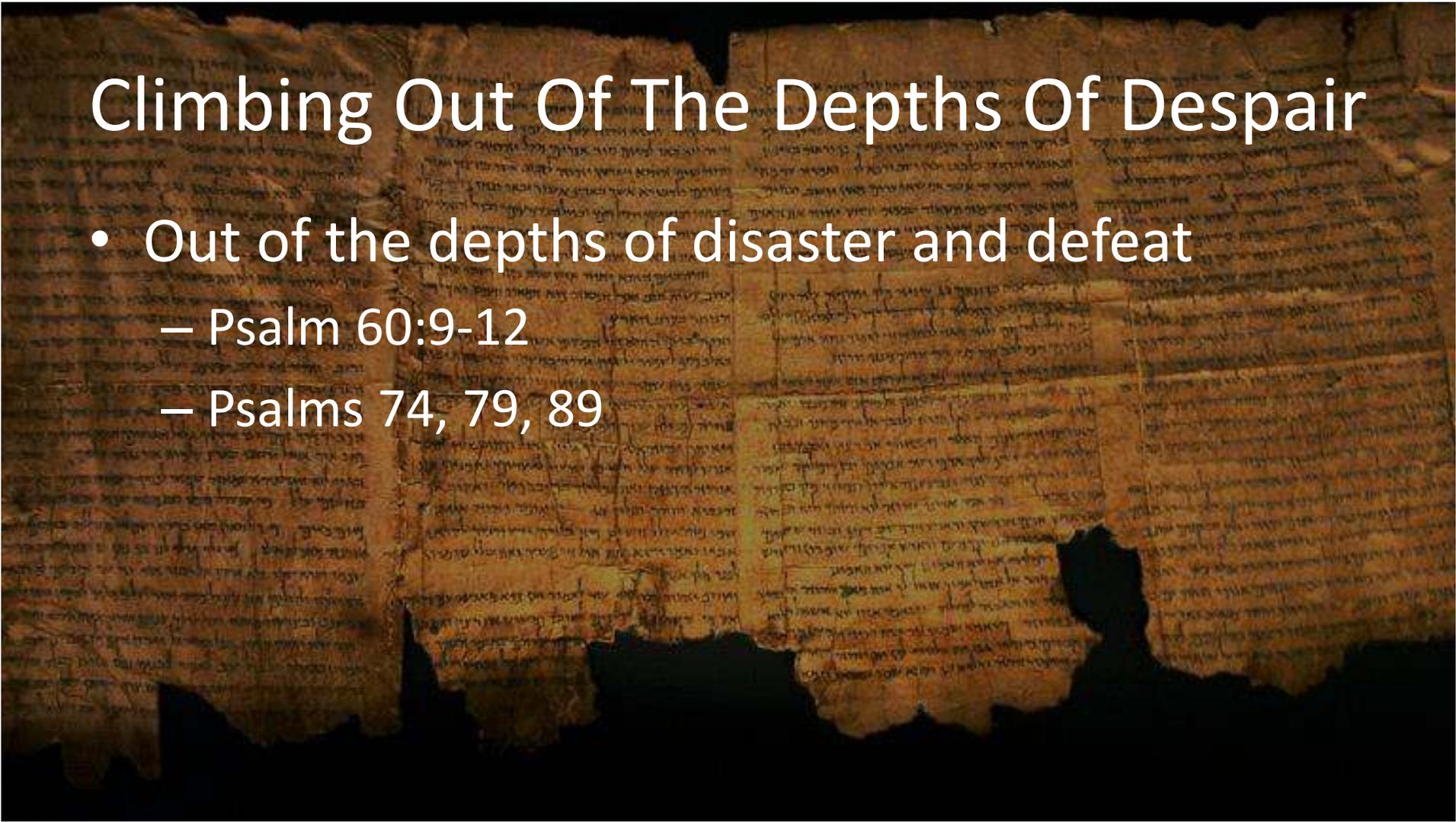
- After battling through doubts, we emerge with renewed faith and hope
 - “If out of the depths we cry, we shall cry ourselves out of the depths” (Alexander Maclaren)
 - Psalm 88 is unique in that it is sad and plaintive from beginning to end. It is said to be the darkest prayer in the Bible.

Climbing Out Of The Depths Of Despair

- It is a lifelong process, not an instant cure
 - Psalm 90:12-17
 - Psalm 91:1-4
 - Psalm 92:1-2

Climbing Out Of The Depths Of Despair

- Out of the depths of persecution and slander
 - Psalm 31:19-20 - “Oh, how great is Your goodness, Which You have laid up for those who fear You, Which You have prepared for those who trust in You In the presence of the sons of men! 20 You shall hide them in the secret place of Your presence From the plots of man; You shall keep them secretly in a pavilion From the strife of tongues.”
 - Psalms 33, 34, 35



Climbing Out Of The Depths Of Despair

- Out of the depths of disaster and defeat
 - Psalm 60:9-12
 - Psalms 74, 79, 89